

Opioid Recovery Group Minutes  
September 25, 2018  
Old School Community Center

Attendance: Randy Johnson, David Hammack, Bob Edwards, Matt Murano, Dario Lussardi, Peter Park, Shelley Park, Kathy Pell, Jennifer Razee, Jennifer Fitzgerald, Trudy Mueller, Joan Judd, Jeremy Kirk, Liz McEwen, Cheryl Rusin, Angel Balch, Ann Manwaring, Jill Robarts, Blondie Gleason, George Hickey, Cindy Hayford, Karen Molina

1) We reviewed the agreement of guidelines and they were approved by the group as:

- Foster openness, receptiveness and support within the community
- Compassion, listening and understanding
- Valuing individuals' voices and their differing backgrounds and knowledge
- Understanding that this is about people in pain

2) Groups met as created at the last meeting and reported out as follows:

- Group 1: Opioid Protection in our community  
(Ann, Bob, Joan, David, Randy)
  - We have 2 places people can go: police, medical system. We need to increase the help network
  - Concept of a drug court (What is it? Who's doing it?), Precharge program now in Brat
  - Could community benefit from a drug sniffing dog in community? Wil has applied for a dog already
- Group 2: Support for users and their families in our community  
(Jill, Blondie, Liz, Cheryl, Angel, Trudy, Matt, Jeremy)
  - Create Webpage
  - Gather data from different agencies re: how many people in the valley are in need, Is there access to narcan,
  - Reach out to Walgreen's (do they sell needles over the counter?, etc),
- Group 3: Opioid Prevention in our community  
(Kathy, Shelley, Dario, Cindy)
  - Prevention through Mentoring programs / making connection
  - Making connections for young people through diet, school programs (health, recess, physical education, etc)
  - Why do people take drugs? To change how they feel...bored, traumatized, feeling that they want to change. Make connection through reflection helps one find other ways of changing the feeling
- Group 4: Opioid Awareness in our community

(Jenifer F, Jennifer R, George)

- Awareness of services and support that is available - disseminate info so that friends, family, etc. can know if there is help. Notify local paper Commons, posters re NA, etc.
- Let folks know what is available at Health Center: Peter Park's work with suboxone Medicated Assisted Treatment along with
  - 1) LADC (Licensed Alcohol and Drug Counselor) 2 days per week.
  - 2) An additional Nurse provided by state to manage MAT (medicated assisted treatment) population
- We want to raise our own awareness of the problem locally and nationally
- Recommendation to read books "Dreamland" and "Dope Sick". Both are available at Pettee Memorial Library.

Submitted by Karen Molina