

DVCP Opiate Community Meeting Notes 8/20/18: Old School, Wilmington

Present: Bob Edwards, Cindy Hayford, Becca Sweeney, Robin Rieske, Jill Robart, Fred Skwirut, Peter Park, Lorraine Chastant, Lesa Trowt, Nicki Steel, Trudy Mueller, Gail Gordon Sanchez, Luis (Tim) Sanchez, Jeff Trowt, Joe Szarejko, Matt Murano, Mike Eldred, Ann Manwaring, George Hickey, Jennifer Razee, Lynn Redd, Shelley Park, Scott Tucker, Jen Nilsen, Helena, Queenie, Angel Balch, Rich Rusin, Cheryl Rusin, Lisa Croce, Jeremy Kirk, Elizabeth McEwen, Suzie Walker, Phil Edelstein, Sarah Shippee, Jen Nilsen

I. Follow-up information for the last meeting:

- Peter Park explained the Vermont Hub & Spoke Network and Medicated Assisted Treatment
- Scott Tucker told attendees about Project Vision in Rutland

II. Gallery Walk to collect information on:

- 1) What a supportive community would look like in terms of protection, prevention, awareness, family/person struggling with addiction support, and privacy
- 2) What services and resources currently exist in our community?

Responses:

Community Support for users and families:

1. What does support for users and families look like in a supportive community?

- Compassion!
- No Stigma- Education on Stigma and Addiction
- Compassionate treatment and care
- Community members reaching out to any family struggling- support from friends-open communication
- Using the language of “substance abuse disorder” instead of junkie, user, etc.
- A community educated on what addiction is- Brain Disease
- Medicated Assisted Treatment (MAT) available
- Barriers eliminated: jobs, housing, transportation, childcare
- Parenting classes and support groups
- Nara-non
- Narcotics Anonymous (NA)
- Harm Reduction- access to Narcan, needle exchange
- Healthy recreation options
- Stress Reduction support
- Recovery Support- recovery center, telephone support, recovery coaching
- Person to person follow-up after an overdose
- Calls for support-immediate response
- Recovery Month supported (September)

2. What is being done in our community now?

- Narcan is available
- NA group on Tuesdays
- MAT at the Health Center
- Drug and Alcohol Counselor on staff at the Health Center
- DVCP sponsors some substance free youth and family events

Opioid Prevention:

1. What does Opioid Prevention look like in a supportive community?

- Enhanced protective factors-strong relationships and connection

- Outreach and education to parents, educators, youth, community members (on addiction, coping skills, what are the symptoms of use? etc.)
- Healthy community where people feel safe & valued
- Healthcare prescribers giving education to patients regarding dangers of Opioid Addiction
- Early education and intervention at the elementary level
- Healthy supported parents
- Strong adult role models
- “See something, Say Something.”
- Promotion of all efforts being made
- Delayed early onset of any substance use
- Listen to those in recovery or struggling
- Eliminate access to the drugs

2. What is being done in our community now?

- Prescribers are educating patients about Opioids and Addiction
- Community meetings are being held
- Student Assistance Counselor and School-Based Clinician at TVMHS
- Counselors at WSWSU elementary schools
- Diversion
- Drug Mail-Back envelopes and lock boxes
- DVCP:
 - o Strong Youth Empowerment Groups- Middle and High School level
 - o Parent Education
 - o Prevention education in the schools
 - o Media Campaigns
 - o School and Community Policies
 - o Retailer Trainings
 - o Substance Free Events

Opioid Awareness:

1. What does Opioid Awareness look like in a supportive community?

- Community aware of the current local drug crisis
- Awareness of the connection between Opioids and other drugs
- Good PR for Community meetings and programming
- Knowledge of what addiction is
- Available, accurate information and dissemination of resources
- Community knowledgeable of intervention and treatment options- Hub & Spoke, Treatment Providers, etc.
- Awareness of Recovery efforts- NA
- Awareness of available programs like Project Care
- Parent Education on signs and symptoms of drug use
- Parent Communication
- Healthy Youth as the priority vs. economics (Resort area)

2. What is being done in our community now?

- Community Meetings
- Hungry Heart and Anonymous People screenings (2015)
- DV News articles
- DVCP Newsletter mailed to community members on the voting lists
- Drop Box information disseminated
- Take Back Days promotion

Opioid Protection:

1. What does Opioid Protection look like in a supportive community?

- Vermont Rx Monitoring System in place
- Low availability of drugs (retail & social)
- Parent Communication Network
- Early Onset of any drugs delayed
- Education
- Law Enforcement- out in the community-presence at public spaces (library, parks, etc.) Community partnership-See something, say something
- Substance Free activities for families, young adults, youth
- Narcan, needle exchange, sharps containers
- Help/support for those not in recovery yet and for those in recovery
- Lock Boxes, Mail Back Envelopes

2. What is being done in our community now?

- Permanent Lock Boxes for Rx at the Wilmington & Dover PD
- Mail back envelopes
- Lock Your Meds Campaign
- Law Enforcement
- Parent Information- VT ParentUp Campaign
- Church services
- Coffee with the Cops
- Sharps container at the library

Opioid Privacy

1. What does Opioid Privacy look like in a supportive community?

- Confidentiality with providers and clients
- Closed support meetings
- No fear of disclosing
- NO Stigma!

2. What is being done in our community now?

- No responses

III. Action Plan/Next Steps- Next Meeting

Tuesday, September 11, 2018 @ 6:30 pm-8:00pm at the Old School Library.
 (No Dinner) Please RSVP to Cindy at chayford.dvcp@gmail.com
 to plan for seating set up.